



Day 1-Italian

Items	Menu Selection
Soup Du Jour	Roasted Tomato Basil Soup
Salad Bar	Chopped Romaine Hearts and Radicchio & Exotic Field Greens 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Fresh Roma Tomato and Basil Salad Antipasti Salad Fresh Fruit Salad
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Seafood Salad
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Kaiser Rolls
Action Station	Pasta Primavera Station – made fresh for individuals
3 Entrees	Beef Lasagna Roasted Salmon with Basil Chicken Piccata
Vegetable	Ratatouille- Oven Roasted Squash and Zucchini with Red Bell Peppers and Onions
Starch	No Starch – Garlic Broccoli
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 2- American

Items	Menu Selection
Soup Du Jour	Minestrone
Salad Bar	Iceberg & Spinach 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Macaroni Salad Tomato Cucumber Salad Fresh Fruit
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Chicken Curry Salad
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Kaiser Rolls
Station	Grilled Veggie Skewers
3 Entrees	Beef Tips and Mushrooms Honey Tabasco Pork Tenderloin Garlic and Herb Rubbed Chicken
Vegetable	Fresh green Beans and Carrots
Starch	Rice pilaf
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 3- Creole

Items	Menu Selection
Soup Du Jour	Chicken and Sausage Gumbo
Salad Bar	Iceberg & Spring Mix 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Summer Macaroni Salad Louisiana Sunburst Salad Fresh Fruit
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Cajun Shrimp Salad
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Kaiser Rolls
Station	Muffuletta Turkey Swiss Salami Ham
3 Entrees	Cajun Roasted Turkey Pork et Toufe Shrimp and Crawfish Creole
Vegetable	New Orleans Style Green Beans
Starch	Red Beans and Rice
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 4- BBQ

Items	Menu Selection
Soup Du Jour	Broccoli Cheese Soup
Salad Bar	Iceberg & Spinach 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Potato Salad Texas Cole Slaw Fresh Fruit
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Wasabi Tuna Salad
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Kaiser Rolls
Carving Station	Beef Brisket
3 Entrees	Smoked Sausage Slow Roasted Baby Back Ribs BBQ Turkey
Vegetable	Corn On The Cob
Starch	Roasted New Potatoes
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 5- Fiesta

Items	Menu Selection
Soup Du Jour	Tortilla Soup
Salad Bar	Iceberg & Romaine 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Mexican pasta salad Fresh Fruit NEED 1 MORE
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Spicy Chicken and Cilantro Salad
Assorted Breads & Rolls, Butter Chips Station	White, Wheat, Rye, Kaiser Rolls Taco Salad Bar with Taco Bowl & Ground Beef
3 Entrees	Beef & Chicken Fajita with tri colored peppers Cheese Quesadillas Tilapia Vera Cruz
Vegetable	No vegetable needed
Starch	Spanish Rice & Beans
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 6- Texas

Items	Menu Selection
Soup Du Jour	Chicken Noodle
Salad Bar	Spinach & Spring Mix 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Button Mushroom Salad Pasta Primavera Salad Fresh Fruit
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar Lettuce & Tomato Mayo Mustard
Deli Salad	Smoked Cajun Turkey Salad
Sliced Fresh Fruit and Berries	Sliced Seasonal & Bowl of Whole Fruit
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Rolls
Carving Station	London Broil With Mushroom Sauce
3 Entrees	Herb Marinated Grilled Bone In Chicken Grilled Eggplant and Marinara Peel and Eat Gulf Shrimp
Vegetable	Steamed Broccoli & Red Peppers
Starch	Mashed Potatoes
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 7- Island

Items	Menu Selection
Soup Du Jour	Island Shrimp Chowder
Salad Bar	Iceberg & Spring Mix 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Sun dried Tomato pasta salad Waldorf Salad Fresh Fruit
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Ham and Pineapple Salad
Sliced Fresh Fruit and Berries	Sliced Seasonal & Bowl of Whole Fruit
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Kaiser Rolls
Station	Coconut Chicken Strips with dipping Sauce
3 Entrees	Jerk Pork Chops Blackened chicken breast Grilled Ginger lime Tuna Steaks with citrus salsa
Vegetable	Fresh Medley
Starch	Rice Pilaf
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat



Day 8- Grill

Items	Menu Selection
Soup Du Jour	Cream of Mushroom
Salad Bar	Iceberg & Spinach 4 dressing (1 Low Fat) 6 vegetables 4 accompaniments & toppings
Composed salads 3	Marinated Vegetable Salad Tri colored Rotini Pasta Salad Fresh Fruit
Cold cuts meats and cheese Condiment Display ~ Mayonnaise, Mustard, Horseradish etc. Lettuce, Tomatoes, Onions, etc.	Ham, Turkey, Roast Beef Swiss, American, Provolone, Cheddar
Deli Salad	Egg Salad
Assorted Breads & Rolls, Butter Chips	White, Wheat, Rye, Kaiser Rolls
Station	Hot Dog with all the Fixings
Vegetarian Entrée	Boca Burger
3 Entrees	Hamburger W/ Buns Grilled Chicken Breast Grilled Salmon with Lemon Butter
Vegetable	Sautéed Mushrooms and Onions
Starch	Wedge French Fries
Dessert Station	Two pies and two cakes Fresh Berries with whipped cream Bowl of Whole Fruit
Beverages	Iced Tea w/ Lemon at each seat